



SEPTEMBER 2019

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SONORA ISD BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 School Holiday	3 Sausage Kolache/ Yogurt or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	4 Waffles / Sausage or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	5 Breakfast Pizza or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	6 Donut / Sausage PK- French Toast / Sausage or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
9 Pancakes / Sausage or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	10 Bk. Burrito / Hash Browns or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	11 Biscuit, Eggs, Bacon, Gravy or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	12 Bk. Bread / Yogurt or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	13 Breakfast Sand. or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
16 Waffles / Bacon or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	17 Bk. Taquito or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	18 Breakfast Pizza or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	19 Cinnamon Roll / Sausage PK-Cheesy Toast/Sausage or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	20 Rowdy Breakfast or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
23 Sausage Biscuit or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	24 Breakfast Combo or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	25 Chicken -N- Waffles or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	26 Stuffed Bagel / Sausage or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	27 Dutch Waffle / Bacon PK – French Toast / Bacon or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
30 Early Bird Sand. or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety				MENU SUBJECT TO CHANGE Student Breakfast - Free MILK Offered Daily 1% White Fat Free -Chocolate Fat Free Strawberry 100% Fruit Juice

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