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OCTOBER 2019

SONORA ISD BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 French Toast / Sausage or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	2 Biscuit / Egg / Bacon or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	3 Pancake Wrap / Yogurt or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	4 Student Holiday
7 Pancakes / Bacon or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	8 Sunrise Sandwich or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	9 Chicken / Biscuit or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	10 Bk. Strudel / Yogurt or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	11 Breakfast Pizza or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
14 Sausage Kolache / Yogurt or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	15 Bk. Taquito or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	16 Waffles / Sausage or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	17 Bk. Pizza or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	18 Donut / Sausage PK – French Toast / Sausage or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
21 Pancakes / Sausage or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	22 Breakfast Burrito / Hashbrown or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	23 Biscuit / Egg / Bacon or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	24 Sausage Kolache / Yogurt or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	25 Morning Griddle Sand. or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
28 Waffles / Bacon or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	29 Sausage / Egg / Ch. / Biscuit or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	30 Bk. Pizza or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	31 Cinnamon Roll / Sausage PK – Cheesy Toast / Sausage or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	MENU SUBJECT TO CHANGE Student Breakfast - Free MILK Offered Daily 1% White Fat Free – Chocolate Fat Free Strawberry 100% Fruit Juice

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